

EAT | DRINK

Chocolate craving? Here are nine treats to keep you from raiding the Halloween candy

Warning: so many tempting photos of chocolaty desserts

By LAURIE DELK OCT. 29, 2019 | 6:06 AM

As one of the most revered treats on the planet, chocolate captures the hearts and imaginations of people around the world. Dating back to the ancient civilizations of the Olmecs, Mayans and Aztecs of Mesoamerica, chocolate was used in drinks and even as currency.

Today, chocolate is used in blends with nuts, fruits, spices and liquors to create a complexity of flavors, and San Diego restaurants are happy to experiment. Here's where you can find your chocolate euphoria around town:

Beer & Cannabis



These Chocolate Paleo Bites are vegan and gluten-free, and contain 10 mg of cannabis extract (Courtesy photo)

Kaneh Co: Take your chocolate obsession higher with a cannabis-infused edible or two. The Chocolate Paleo Bites are vegan and gluten-free with no added sugar and contain 10 mg. of cannabis extract for cocoa enjoyment from head to foot. Details at kanehco.com.